

CALENDRIER DES COMPETITIONS REGIONALES

| Dates | Vacances scolaires | Honneur | Réserves honneur | Challenge Honneur | Promotion d'Honneur | PH Réserve | Challenge PH | 1S & 2S | Challenge 1S-2S | Coupe 1S-2S | 3S-4S | Challenge 3S-4S | Coupe 3S-4S | Observations |
|---------|--------------------|---------------------------|---------------------------|-------------------|---------------------------|---------------------------|--------------|---------------------------|-----------------|-------------|-----------------------------|-----------------|-------------|---|
| 15/9 | | A1 | A1 | | A1 | A1 | | A1 | | | A1 | | | |
| 22/9 | | A2 | A2 | | A2 | A2 | | A2 | | | A2 | | | 21/9/19: France-Argentine(9h15) |
| 29/9 | | A3 | A3 | | A3 | A3 | | Repli | | | Repli | | | 2/10/19:France-USA(9h45) |
| 6/10 | | Repli | Repli | | Repli | Repli | | A3 | | | A3 | | | 6/10/19: France-Tonga(9h45) |
| 13/10 | | A4 | A4 | | A4 | A4 | | A4 | | | A4 | | | 12/10/19: France-Angleterre(10h15) |
| 20/10 | | A5 | A5 | | A5 | A5 | | A5 | | | A5 | | | 1/4 finale CdM |
| 27/10 | | A6 | A6 | | A6 | A6 | | Repli | | | Repli | | | 1/2 finales CdM |
| 3/11 | | Repli | Repli | | Repli | Repli | | A6 | | | A6 | | | 2/11/19:Finale CdM(10h00) |
| 10/11 | | A7 | A7 | | A7 | A7 | | A7 | | | A7 | | | 9 ou 10/11 France-Angleterre(fém)-Clermont FD |
| 17/11 | | A8 | A8 | | A8 | A8 | | A8 | | | A8 | | | |
| 24/11 | | A9 | A9 | | A9 | A9 | | Repli | | | Repli | | | |
| 1/12 | | Repli | Repli | | Repli | Repli | | A9 | | | A9 | | | |
| 8/12 | | R1 | R1 | | R1 | R1 | | R1 | | | R1 | | | |
| 15/12 | | R2 | R2 | | R2 | R2 | | R2 | | | R2 | | | |
| 22/12 | | Repli | Repli | | Repli | Repli | | Repli | | | Repli | | | |
| 29/12 | | | | | | | | | | | | | | |
| 5/1 | | | | | | | | | | | | | | |
| 12/1 | | R3 | R3 | | R3 | R3 | | R3 | | | R3 | | | |
| 19/1 | | R4 | R4 | | R4 | R4 | | R4 | | | R4 | | | |
| 26/1 | | R5 | R5 | | R5 | R5 | | Repli | | | Repli | | | 1/2/20: France-Angleterre U20-Grenoble |
| 2/2 | | Repli | Repli | | Repli | Repli | | R5 | | | R5 | | | 2/2/20: France-Angleterre(SdF-16h00) |
| 9/2 | | R6 | R6 | | R6 | R6 | | R6 | | | R6 | | | 9/2/20: France-Italie(SdF-16h00) |
| 16/2 | | R7 | R7 | | R7 | R7 | | Repli | | | Repli | | | |
| 23/2 | | Repli | Repli | | Repli | Repli | | R7 | | | R7 | | | 22/2/20:Galles-France(Cardiff-17h45) |
| 1/3 | | R8 | R8 | | R8 | R8 | | R8 | | | R8 | | | |
| 8/3 | | Repli | Repli | | Repli | Repli | | Repli | | | Repli | | | 8/3/20:Ecosse-France(Edimbourg-16h00) |
| 15/3 | | R9 | R9 | | R9 | R9 | | R9 | | | R9 | | | 14/3/20:France-Irlande(SdF-21h00) |
| 22/3 | | | | | | | | | | | | | | |
| 29/3 | | 1/8e | 1/8e | Barrage 1 | 1/8e | 1/8e plateau | Barrage 1 | 1/8e | | Barrage | 1/8e | | Barrage | |
| 5/4 | | 1/4 A | 1/4 | Barrage 2 | 1/4 A | 1/4 plateau | Barrage 2 | 1/4 A | 1/8e | 1/8e | 1/4 A | 1/8e | 1/8e | |
| 12/4 | Pâques | | | | | | | | | | | | | |
| 19/4 | | 1/4 R | | | 1/4 R | | | 1/4 R | 1/4 | 1/4 | 1/4 R | 1/4 | 1/4 | |
| 25-26/4 | | 1/2 F AURA & 1/2 pour CdF | 1/2 F AURA & 1/2 pour CdF | 1/8e | 1/2 F AURA & 1/2 pour CdF | 1/2 F AURA & 1/2 pour CdF | 1/8e | 1/2 F AURA & 1/2 pour CdF | 1/2 | 1/2 | 1/2 F AURA & 1/2 pour CdF | 1/2 | 1/2 | |
| 3/5 | | | | 1/4 | | | | | Finale | Finale | | Finale | Finale | |
| 9/5 | | JdF AURA | JdF AURA | | JdF AURA | JdF AURA | | JdF AURA + Barrage 2 CdF | | | JdF AURA + Barrage 2 CdF-4S | | | date qualifiés 3S-4S-réserves |
| 17/5 | | | 1/16e FFR | 1/2 | | | | | | | 1/16e FFR | | | date qualifiés Honneur-PH-1S-2S |
| 24/5 | | 1/16e FFR | 1/8e FFR | Finale | 1/16e FFR | | Finale | 1/16e FFR | | | 1/8e FFR | | | 23/5:Finales Nationales Féminines à Valence |
| 31/5 | Pentecôte | 1/8e FFR | repos | | 1/8e FFR | | | 1/8e FFR | | | repos | | | |
| 7/6 | | repos | 1/4f FFR | | repos | | | repos | | | 1/4f FFR | | | 6-7/6: Finales Ligue AURA Jeunes |
| 14/6 | | 1/4f FFR | 1/2f FFR | | 1/4f FFR | | | 1/4f FFR | 1/4f FFR | | 1/4f FFR | 1/2f FFR | | |
| 21/6 | | 1/2f FFR | Finale CdF | | 1/2f FFR | | | 1/2f FFR | | | Finale CdF | | | |
| 28/6 | | Finale CdF | | | Finale CdF | | | Finale CdF | | | | | | |